

PEMBROKESHIRE HALF MARATHON - DALE
28th SEPTEMBER 2014
RESULTS

Pos	Time	Forename	Surname	No.	Gen	Cat	Club	Min/Mile
1	1:19:49	Stuart	Crees	23	M	MS	Les Croupiers	0:06:06
2	1:21:45	Daryl	John	48	M	MV	TROTs	0:06:14
3	1:22:37	Caryl Mair	Jones	49	F	FS	Swansea	0:06:18
4	1:24:23	Gareth	Davey	24	M	MS	Neath Harriers	0:06:26
5	1:26:32	Sam	Webster	100	M	MV	Cardiff Triathletes	0:06:36
6	1:27:16	Robert	Dyde	111	M	MS	Pembrokeshire Harriers	0:06:40
7	1:27:57	Mike	Pfeiffer	109	M	MV	Brecon AC	0:06:43
8	1:30:14	Simon	Hall	39	M	MS	Sarn Helen	0:06:53
9	1:30:21	Jason	Dickinson	29	M	MV	TROTs	0:06:54
10	1:32:13	Michael	Allan	112	M	MS		0:07:02
11	1:33:39	Damian	Capps	16	M	MV	North Pembs Tri	0:07:09
12	1:34:21	Will	Godfrey	36	M	MS		0:07:12
13	1:34:48	Chris	Dixon	115	M	MS	Pembrokeshire Harriers	0:07:14
14	1:35:37	Philip	Turner	108	M	MV	Bynea CC	0:07:18
15	1:35:51	Jaap	Van soest	97	M	MS	West Coast Tri	0:07:19
16	1:35:52	Ellie	Astins	2	F	FS	Pembrokeshire Tri	0:07:19
17	1:36:05	Paul	Keen	55	M	MVV	Hallamshire Harriers	0:07:20
18	1:36:49	Richard	Webster	99	M	MSV	3M Gorseinon Road Runners	0:07:23
19	1:38:25	Libby	O'Duffy	72	F	FSV	Les Croupiers	0:07:31
20	1:39:26	Gari	Thomas	114	M	MV	Emlyn Runners	0:07:35
21	1:39:43	Sanna	Duthie	30	F	FS		0:07:37
22	1:40:08	Patrick	Boothman	5	M	MS		0:07:39
23	1:40:55	Hywel	Jones	53	M	MSV	Amman Valley Harriers	0:07:42
24	1:43:45	David	Hawkins	43	M	MS	Pembrokeshire Harriers	0:07:55
25	1:43:57	Phil	Dennis	27	M	MV	RN Triathlon	0:07:56
26	1:44:47	Mark	Sibbald	87	M	MV		0:08:00
27	1:45:21	Stephen	Glynn	34	M	MSV	Pembrokeshire Harriers	0:08:03
28	1:45:38	Antony	Metcalfe	68	M	MV		0:08:04
29	1:46:17	Richard	Bridle	8	M	MV		0:08:07
30	1:47:07	Dean	Webster	98	M	MS	3M Gorseinon Road Runners	0:08:11
31	1:48:13	Barry	Orr	73	M	MS	Vegan Runners UK	0:08:16
32	1:48:48	Miriam	Brown	11	F	FS		0:08:18
33	1:49:20	Zoe	Barrett	3	F	FV		0:08:21
34	1:50:11	Jonathan	Griffiths	38	M	MS		0:08:25
35	1:50:15	Alice	Harrison	40	F	FV	Emlyn Runners	0:08:25
36	1:50:24	John Gwynn	Evans	110	M	MVV	Aberystwyth AC	0:08:26
37	1:50:32	Martin	Butland	107	M	MS		0:08:26
38	1:52:06	Blair	Hogan	44	M	MS		0:08:33
39	1:53:05	Dylan	Jones	51	M	MS		0:08:38
40	1:53:30	Peter	Rattenberry	81	M	MV		0:08:40
41	1:53:38	Adam	John	17	M	MV	Tenby Acres	0:08:40
42	1:54:34	Roger	Devonald	28	M	MV		0:08:45
43	1:55:21	Sue	Thomas	113	F	FSV	Emlyn Runners	0:08:48
44	1:55:41	Robert	Smith	88	M	MSV	Pembrokeshire Harriers	0:08:50
45	1:55:50	Lois	Reed	82	F	FS		0:08:51
46	1:56:05	Claire	Swift	89	F	FSV	Newent Runners	0:08:52
47	1:56:23	Daniel	Williams	101	M	MS		0:08:53
48	1:57:23	James	Llewellyn	60	M	MS		0:08:58
49	1:57:50	Jim	Bromhead	10	M	MS		0:09:00
50	1:58:03	Kay	Reynolds	83	F	FS		0:09:01
51	1:58:19	Stephen	Jones	52	M	MSV	Emlyn Runners	0:09:02
52	1:58:39	Martyn	Lewis	57	M	MS	Celtic Tri	0:09:03
53	1:59:03	John	Thomas	95	M	MVV		0:09:05
54	2:00:04	Carla	Bromhead	9	F	FS		0:09:10
55	2:00:13	Katie	Lynch	63	F	FS		0:09:11
56	2:01:44	Raymond	James	47	M	MSV	Port Talbot Harriers	0:09:18
57	2:01:52	Oona	Crawford	22	F	FVV	TROTs	0:09:18
58	2:02:19	Lewis	Bridle	7	M	MS		0:09:20
59	2:02:21	Hannah	Godfrey	35	F	FV		0:09:20

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60	2:02:58	Lyndon	Elvy	105	M	MS		0:09:23
61	2:04:14	Simon	Cox	21	M	MSV		0:09:29
62	2:04:36	Fiona	Cooper	20	F	FV		0:09:31
63	2:04:46	David	Thomas	94	M	MV	Pembrokeshire Harriers	0:09:31
64	2:05:08	Sue	Lloyd	61	F	FSV	Pembrokeshire Harriers	0:09:33
65	2:05:19	Nicola	Tinsley	96	F	FV		0:09:34
66	2:06:21	Alistair	Smith	106	M	MV		0:09:39
67	2:06:55	Annmarie	Jones	50	F	FV		0:09:41
68	2:07:02	Shelley	Griffith	37	F	FS		0:09:42
69	2:07:39	Ann	Popovich	80	F	FVV	West End Runners	0:09:45
70	2:08:15	Rhodri	Brown	14	M	MV		0:09:47
71	2:08:39	David	Poole	79	M	MV	Tenby Aces/Five Frogs	0:09:49
72	2:08:39	Tracey	Thomas	92	F	FV	Tenby Aces/Five Frogs	0:09:49
73	2:09:38	Trystan	Hopkins	45	M	MS		0:09:54
74	2:09:38	Huw	Williams	102	M	MS		0:09:54
75	2:09:46	Gary	Howells	54	M	MS	Sospan	0:09:54
76	2:09:46	Tina	Fecci	33	F	FSV		0:09:54
77	2:14:08	Paul	James	46	M	MS		0:10:14
78	2:14:29	Sarah	Evans	31	F	FSV		0:10:16
79	2:22:44	Damian	McCafferty	67	M	MS		0:10:54
80	2:24:14	Darija	Mann	64	F	FS		0:11:01
81	2:24:49	Charles Ian	Allen	1	M	MSV		0:11:03
82	2:25:55	Pauline	Thomas	93	F	FVV	TROT's	0:11:08
83	2:31:29	Rob	Marsh	65	M	MV		0:11:34
84	2:32:44	Lucinda	Perrett	76	F	FS		0:11:40
85	2:32:44	Richard	Perrett	77	M	MV		0:11:40
86	2:33:54	Eva	Neville	71	F	FS		0:11:45
87	2:38:54	David Keith	Brown	15	M	MVV	Road Runners Club	0:12:08
88	2:41:21	Emma	Wilson	103	F	FV		0:12:19
89	2:41:21	Ceris	Llewellyn	59	F	FSV		0:12:19
90	2:44:29	Michelle	Brown	12	F	FSV		0:12:33
91	2:50:18	Anne	Palmer	75	F	FVV		0:13:00
92	2:52:00	David	Phillips	78	M	MVV	Pembrokeshire Harriers	0:13:08
DNF		Eric	Davey	25	M	MVV	Llanelli AC	