INDIVIDUALS

Bib	First name	Last name	Membership	Gen	CatWelshChamps	Cat	Club
158	Kes	Aleknavicius	W483	Open	O70-74	O70+	Tenby Aces
122	Colin	Barrett	W10207952	Open	O50-54	O50-59	Tenby Aces
51	James	Barton	W10227355	Open	O35-39	O20-39	Pembrokeshire Tri
140	Dalene	Batchelor	NEEDED	Female	Ineligible	F60-69	Tenby Aces
160	Paul	Belcher	W2563	Open	O75-79	O70+	Pen-y-bont Tri
88	Mel	Best	W1058380	Female	F45-49	F40-49	Bynea CC
153	Christopher	Bloodworth	W1063855	Open	O65-69	O60-69	Heathwood Tri
130	Gareth	Bowyer	W1072764	Open	O55-59	O50-59	GOG Triathlon Club
102	Andrew	Broomhall	NEEDED	Open	Ineligible	O40-49	Pembrokeshire Dragons Cycling Club
96	Darren	Brown	NEEDED	Open	Ineligible	O40-49	
127	William	Cameron	Race Pass	Open	Ineligible	O50-59	
56	Lloyd	Canham	W10183559	Open	O35-39	O20-39	I Am Tri Coaching
99	Jonathan	Carrick	W1070512	Open	O45-49	O40-49	Team NFT
71	Ben	Charles	Race Pass	Open	Ineligible	O40-49	Tenby Penguins
36	Paul	Clayton	Race Pass	Open	Ineligible	O20-39	
101	Dave	Coates	W10137125	Open	O45-49	O40-49	Team ICC
116	Craig	Colborne	NEEDED	Open	Ineligible	O50-59	Team ICC
156	Mandy	Colbourne	W10290052	Female	F65-69	F60-69	
69	Jason	Cole	W10170811	Open	O40-44	O40-49	Pembrokeshire Tri
31	Daniel	Colman	W10207908	Open	O30-34	O20-39	Pembrokeshire Tri
152	Paul	Colman	W10225770	Open	O65-69	O60-69	Pembrokeshire Tri
138	Roger	Coombs	NEEDED	Open	Ineligible	O60-69	Celtic Tri
91	Daniel	Courtney	Race Pass	Open	Ineligible	O40-49	
80	Ben	Cray	NEEDED	Open	Ineligible	O40-49	Tenby Penguins
94	Darren	Dalton	W10184415	Open	O45-49	O40-49	Pembrokeshire Tri
104	Barry	Davies	W10227371	Open	O50-54	O50-59	Team ICC
47	David	Davies	W10278876	Open	O35-39	O20-39	Taf Valley Cycling Club
123	Emma	Davies	NEEDED	Female	Ineligible	F50-59	

Bib	First name	Last name	Membership	Gen	CatWelshChamps	Cat	Club
108	Neil J	Davies	W10266256	Open	O50-54	O50-59	Pembrokeshire Tri
44	Shane	Davies	Race Pass	Open	Ineligible	O20-39	@LeastWeTri
23	Tamsin	Davies	Race Pass	Female	Ineligible	F20-39	
86	Isobel	Dawson	W10221007	Female	F45-49	F40-49	Carmarthen Triathlon Club
106	Angharad	Dew	W10256367	Female	F50-54	F50-59	Carmarthen Triathlon Club
109	James	Dilks	W10155100	Open	O50-54	O50-59	Tenby Penguins
151	Pamela	Doyle	Race Pass	Female	Ineligible	F60-69	
30	Owen	Drew	NEEDED	Open	Ineligible	O20-39	Tenby Penguins
68	Andrew	Edwards	NEEDED	Open	Ineligible	O40-49	Team ICC
14	Rhys	Emanuel	W10227469	Open	OU20	O17-19	Tenby Penguins
53	Brett	Evans	Race Pass	Open	Ineligible	O20-39	Tenby Penguins
75	Ryan	Evans	W10233965	Open	O40-44	O40-49	Dragon Tri
28	Charlie	Felstead	W10218232	Open	O30-34	O20-39	Tenby Penguins
73	Ewan	Findlay	W10289829	Open	O40-44	O40-49	
90	John	Fitzpatrick	NEEDED	Open	Ineligible	O40-49	
89	Andy	Fletcher	NEEDED	Open	Ineligible	O40-49	
15	Clara	Fortner	Race Pass	Female	Ineligible	F20-39	Exeter Uni Tri Club
5	Louisa	Fortner	W10232083	Female	FU20	F15-16	Cardiff Junior Tri
13	Moema	Fortner	NEEDED	Female	Ineligible	F17-19	Cardiff Junior Tri
111	Rainer	Fortner	Race Pass	Open	Ineligible	O50-59	
66	Chris	Francis	W10177963	Open	O40-44	O40-49	Carmarthen Triathlon Club
135	Ruth Adele	Francis	W10115823	Female	F55-59	F50-59	Celtic Tri
79	Glyn	Gainard	W10193916	Open	O40-44	O40-49	Carmarthen Triathlon Club
149	Steven	Gardner	W10210634	Open	O60-64	O60-69	GOG Triathlon Club
141	Stephen	Gee	W1050417	Open	O60-64	O60-69	Thames Turbo Triathlon
45	Billy	Goodrick	W10261560	Open	O35-39	O20-39	@LeastWeTri
9	Jack	Halsted	NEEDED	Open	Ineligible	O17-19	@LeastWeTri
84	Matthew	Halsted	W10225438	Open	O40-44	O40-49	@LeastWeTri
57	Jason	Hanson	W1079163	Open	O35-39	O20-39	NEWT
155	Dean	Hardie	W118457	Open	O65-69	O60-69	Celtic Tri
27	Toby	Hayman	Race Pass	Open	Ineligible	O20-39	

Bib	First name	Last name	Membership	Gen	CatWelshChamps	Cat	Club
128	Julian	Howe	W10109118	Open	O55-59	O50-59	NEWT
46	Owen	Howells	W10179259	Open	O35-39	O20-39	Carmarthen Triathlon Club
59	Paul	Hughes	Race Pass	Open	Ineligible	O20-39	
67	Peter	Hughes Jones	W10263264	Open	O40-44	O40-49	Team ICC
115	Craig	Hunter	W1038882	Open	O50-54	O50-59	Pembrokeshire Tri
21	Flavia	Jenkins	Race Pass	Female	Ineligible	F20-39	
16	Troy	Jenkins	Race Pass	Open	Ineligible	O20-39	
34	James	John	Race Pass	Open	Ineligible	O20-39	Tenby Penguins
154	Dylan Gwyn	Jones	W10212279	Open	O65-69	O60-69	Pen-y-bont Tri
120	Elwyn	Jones	Race Pass	Open	Ineligible	O50-59	
18	Giselle	Jones	Race Pass	Female	Ineligible	F20-39	
64	Huw	Jones	Race Pass	Open	Ineligible	O20-39	Tenby Aces
118	John-Evan	Jones	W10259043	Open	O50-54	O50-59	
85	Magda	Jones	Race Pass	Female	Ineligible	F40-49	Panache Cycling
77	Mathew	Jones	W10287738	Open	O40-44	O40-49	
133	Michael	Jones	W10219123	Open	O55-59	O50-59	
62	Tudor	Jones	Race Pass	Open	Ineligible	O20-39	
20	Callum	Karaka	Race Pass	Open	Ineligible	O20-39	U TRI
98	Riki	Karaka	Race Pass	Open	Ineligible	O40-49	U TRI
113	Chris	Lewis	W137456	Open	O50-54	O50-59	Port Talbot Harriers
25	Jamie	Lloyd	W10234903	Open	O25-29	O20-39	Team NFT
8	Reuben	Lloyd	Race Pass	Open	Ineligible	O15-16	North Dock Dredgers
60	Hannah	Mackie	Race Pass	Female	Ineligible	F20-39	TROTs
134	Lesley	Mainwaring	W1085339	Female	F55-59	F50-59	Port Talbot Harriers
83	Catherine	Marks	W1045068	Female	F40-44	F40-49	Pembrokeshire Tri
95	Steven	Martin	NEEDED	Open	Ineligible	O40-49	Peak Performance Wales
61	John	McCulloch	W10289901	Open	O35-39	O20-39	
49	Dan	McDermott	W10210718	Open	O35-39	O20-39	Tenby Penguins
82	Scott	Mclaughlin	NEEDED	Open	Ineligible	O40-49	Tenby Penguins
32	Isabella	McNally	W10206659	Female	F30-34	F20-39	Pembrokeshire Tri
148	David	Moore	Race Pass	Open	Ineligible	O60-69	Pembrokeshire Tri

Bib	First name	Last name	Membership	Gen	CatWelshChamps	Cat	Club
26	Chloe	Morgan	W10267142	Female	F25-29	F20-39	Port Talbot Harriers
39	James	Morgan	NEEDED	Open	Ineligible	O20-39	
157	Mike	Morris	NEEDED	Open	Ineligible	O70+	
103	Adam	Murphy	Race Pass	Open	Ineligible	O50-59	
119	Nathan	Orford	Race Pass	Open	Ineligible	O50-59	howies
110	Sarah	Ostler	NEEDED	Female	Ineligible	F50-59	
105	Gary	Owen	W10289301	Open	O50-54	O50-59	
139	Tim	Parfitt	W1073063	Open	O60-64	O60-69	
159	David	Passe	W10214829	Open	O70-74	O70+	Harriers Dinbych/Clwb Seiclo Rhuthun
142	Clive	Patterson-Lett	W1036242	Open	O60-64	O60-69	Pembrokeshire Tri
50	Ricky	Pearson	W10176740	Open	O35-39	O20-39	Carmarthen Triathlon Club
11	Leo	Pearson-Ryall	W10275023	Open	OU20	O17-19	Tri Potential
107	Martyn	Pennell	NEEDED	Open	Ineligible	O50-59	SPANC Racing
17	Sean	Petty	W10193281	Open	O20-24	O20-39	
146	Gary	Phillips	W10202644	Open	O60-64	O60-69	Porthcawl Triathlon Club
19	Jordan	Phillips	Race Pass	Female	Ineligible	F20-39	@LeastWeTri
117	Justin	Phillips	W1091734	Open	O50-54	O50-59	Rhondda Triathlon club
136	Sian	Phillips	W10214510	Female	F60-64	F60-69	Porthcawl Triathlon Club
87	Emma	Plumb	NEEDED	Female	Ineligible	F40-49	NBLRs
10	Evan	Price	W102113276	Open	OU20	O17-19	Dragon Tri
42	James	Prosser	W10225216	Open	O35-39	O20-39	
143	Andrew	Rees	W10245660	Open	O60-64	O60-69	Peter Lloyd Coaching
145	Patrick	Rees	Race Pass	Open	Ineligible	O60-69	Club Seiclo Cwm Gwendraeth
147	Enid	Roberts	W10226922	Female	F60-64	F60-69	GOG Triathlon Club
81	Stephen	Roberts	NEEDED	Open	Ineligible	O40-49	Tenby Penguins
72	Joe	Rollings	Race Pass	Open	Ineligible	O40-49	
93	Maria	Saligova-Smith	Race Pass	Female	Ineligible	F40-49	
65	William	Schubert	Race Pass	Open	Ineligible	O20-39	@LeastWeTri
24	Libby	Sheldon	W10172590	Female	F25-29	F20-39	
4	Ben	Starkie	W10191503	Open	OU20	O15-16	Cardiff Junior Tri
92	Luke	Starkie	W10226259	Open	O45-49	O40-49	

Bib	First name	Last name	Membership	Gen	CatWelshChamps	Cat	Club
125	Mark	Steedman	W1065586	Open	O55-59	O50-59	Cardiff Triathletes
131	Stephen	Summers	W1055539	Open	O55-59	O50-59	Dragon Tri
37	Andy	Summersby	W10225201	Open	O30-34	O20-39	Carmarthen Triathlon Club
54	Alice	Symonds	Race Pass	Female	Ineligible	F20-39	
129	Mike	Tate	W1047122	Open	O55-59	O50-59	That Triathlon Life - Team TTL
6	Evan	Taylor	W10229912	Open	OU20	O15-16	Cardiff Junior Tri
63	Mathew	Terry	Race Pass	Open	Ineligible	O20-39	
33	Andrew	Thomas	Race Pass	Open	Ineligible	O20-39	Pembrokeshire Dragons Cycling Club
29	Curtis	Thomas	W10250903	Open	O30-34	O20-39	Carmarthen Triathlon Club
58	Rhys	Thomas	W10198998	Open	O35-39	O20-39	Tenby Penguins
43	Daniel	Totterdale	W10220131	Open	O35-39	O20-39	Tri Potential
144	Jon	Tudor	Race Pass	Open	Ineligible	O60-69	Pembrokeshire Tri
52	Craig	Turner	Race Pass	Open	Ineligible	O20-39	@LeastWeTri
132	Phillip	Turner	W1056019	Open	O55-59	O50-59	Team Zoot
55	Roxanne	Turner	W10257881	Female	F35-39	F20-39	Optimal Endurance
12	Leo	Tytler	W10110631	Open	OU20	O17-19	Pembrokeshire Tri
74	Gareth	Venables	NEEDED	Open	Ineligible	O40-49	Pembrokeshire Harriers
70	Ally	Wadeward	W10229419	Female	F40-44	F40-49	Carmarthen Triathlon Club
121	Lee	Walters	W1090015	Open	O50-54	O50-59	Ferndale Triathlon Club
114	Stephanie	Waring	W10151339	Female	F50-54	F50-59	Tenby Aces
97	Kellie	Watters	Race Pass	Female	Ineligible	F40-49	Peter Lloyd Coaching
76	Matthew	Watters	Race Pass	Open	Ineligible	O40-49	
100	Richard	Wilks	NEEDED	Open	Ineligible	O40-49	U TRI
126	Elizabeth	Williams	W1035927	Female	F55-59	F50-59	Pembrokeshire Tri
48	Jamie	Williams	NEEDED	Open	Ineligible	O20-39	Tenby Penguins
22	Jordan	Williams	Race Pass	Open	Ineligible	O20-39	
38	Nia	Williams	W10221401	Female	F30-34	F20-39	Carmarthen Triathlon Club
40	Oliver	Williams	NEEDED	Open	Ineligible	O20-39	@LeastWeTri
41	Robin	Williams	Race Pass	Open	Ineligible	O20-39	
124	Stephen	Williams	W1068808	Open	O55-59	O50-59	Port Talbot Harriers
35	Toby	Williams	E1063610	Open	Ineligible	O20-39	Velotik Racing Team

Bib	First name	Last name	Membership	Gen	CatWelshChamps	Cat	Club
7	Tomos	Williams	W10231547	Open	OU20	O15-16	Cardiff Junior Tri
150	Tracey	Williams	W1031531	Female	F60-64	F60-69	Celtic Tri
137	Paul	Wilson	Race Pass	Open	Ineligible	O60-69	
78	Paul	Worcester	NEEDED	Open	Ineligible	O40-49	
112	Mark	Wusthoff	Race Pass	Open	Ineligible	O50-59	

RELAY TEAMS

Bib	Relay Team Name	First name 1	Last name 1	Membership	First name 2	Last name 2	Membership	Club
1	Chafing the Dream	Emily	Williams	Race Pass	Matthew	Williams	Race Pass	
2	Team Griffiths-Davies	Kath	Griffiths	Race Pass	Martin	Davies	Race Pass	
3	Team Hooper	Matthew	Hooper	NEEDED	Mark	Hooper	Race Pass	Mission Possible